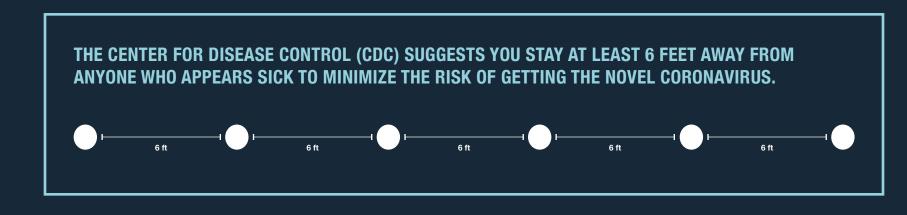
# What does it mean?

Social distancing is the practice of reducing close contact between people to slow the spread of infections or diseases. Social distancing measures include limiting large groups of people coming together, closing buildings and cancelling events.



Group Gatherings

Sleep Overs

Playdates

Concerts

Theatre Outings

**Athletic Events** 

Crowded Retail Stores

Malls

Workouts in Gyms

Visitors in your House

Non-essential Workers in your house

Mass Transit Systems



coronavirus.wvu.edu

### **SOCIAL DISTANCING: THE DOS AND DON'TS**

# **AVOID:**

## **USE CAUTION:**

Visit a local Restaurant Visit Grocery Store Get Take Out Pickup Medications Play Tennis in a Park Visiting the Library Church Services Traveling

### SAFE TO DO:

Take a Walk

Go for a Hike

Play in your Yard

Clean out a closet

Read a Good Book (try WVU's Campus Read)

Listen to Country Roads

Cook a Meal

Family Game Night

Go for a Drive

Group Video Chats

Stream a favorite show

Check on a friend or neighbor

